

"He Restores My Soul"

Satisfied – Part 2

Psalms 23:2-3a

November 13, 2011

❖ 5 THINGS THAT CAN DRAIN YOUR SOUL:

- PEOPLE
- DIFFICULT PEOPLE
- HURRIEDNESS
- PROBLEMS
- COVETING

❖ 5 THINGS THAT CAN RESTORE YOUR SOUL:

- SLEEP
- REST
- REFLECTION
- DIVERSION
- MINISTRY

❖ SOUL RESTORATION REQUIRES . . .

1. RESTING IN GOD'S PRESENCE.

"He makes me to lie down. . . " Psalm 23:2a (NKJV)

'Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.' Matthew 11:28-29 (NKJV)

'Remember the Sabbath day, to keep it holy.' Exodus 20:8 (NKJV)

2. RELYING ON GOD'S PROVISION.

"He makes me to lie down in green pastures . . . " Psalm 23:2a,b (NKJV)

"Your words were found, and I ate them, and Your word was to me the joy and rejoicing of my heart; for I am called by Your name, O Lord God of hosts." Jeremiah 15:16 (NKJV)

"How sweet are your words to my taste, sweeter than honey to my mouth!" Psalm 119:103 (NKJV)

"I will feed them in good pasture, and their fold shall be on the high mountains of Israel. There they shall lie down in a good fold and feed in rich pasture on the mountains of Israel. I will feed My flock, and I will make them lie down,' says the Lord God." Ezekiel 34:14-15 (NKJV)

3. BEING REFRESHED WITH GOD'S PEACE.

"He leads me beside the still waters." Psalm 23:2c

"On the last day, that great day of the feast, Jesus stood and cried out, saying, 'If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water.' But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified." John 7:37-39 (NKJV)

' . . . but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life.' John 4:14 (NKJV)