

Pray Hard
Traction- Part 13
James 5:13-18
August 30, 2009

1. THREE CRITICAL TIMES TO PRAY.

• **When we are emotionally stirred.**

"Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms." James 5:13

• **When we are physically sick.**

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up."

James 5:14-15a

• **When we are spiritually stained.**

"And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Confess your trespasses to one another, and pray for one another, that you may be healed."

James 5:15-16a

2. THREE CRUCIAL WAYS TO PRAY.

• **Pray with faith.**

"And the prayer of faith will save the sick, and the Lord will raise him up." James 5:15a

"And it is impossible to please God without faith. Anyone who wants to come to Him must believe that God exists and that He rewards those who sincerely seek Him." Hebrews 11:6

"You can pray for anything, and if you have faith, you will receive it." Matthew 21:22

• **Pray with intensity.**

"The effective, fervent prayer...avails much." James 5:16b

"When you pray, don't babble on and on as people of other religions do. They think their prayers are answered merely by repeating their words again and again." Matthew 6:7

"To this end I labor, struggling with all His energy, which so powerfully works in me." Colossians 1:29

• **Pray with integrity.**

"The effective, fervent prayer of a righteous man avails much." James 5:16b

"If I regard iniquity in my heart the Lord will not hear me." Psalms 66:18

"But your iniquities have separated you from your God; your sins have hidden His face from you, so that He will not hear." Isaiah 59:2

Basic Helps To Better Your Prayer Life...

- **Find a definite time every day.**
- **Find a definite place anywhere.**
- **Use normal language all the time.**
- **Pray through A.C.T.S.**

"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving; let your requests be made known to God." Philippians 4:6